



## Recommended Reading and Listening

Below is a list of books and podcasts to support your Anti-Racism journey recommended by the Neland Book Club.

### Books:

- *Uncomfortable Conversations with a Black Man* by Emmanuel Acho
- *Reading While Black* by Esau McCaulley
- *Me and White Supremacy* by Layla F. Saad
- *Post Traumatic Slave Syndrome* by Dr. Joy DeGruy
- *Between the World and Me* by Ta-Nahesi Coates
- *I'm Still Here* by Austin Channing Brown
- *The Color of Compromise* by Jemar Tisby
- *Just Mercy* by Brian Stevenson
- *The New Jim Crow* by Michelle Alexander

### Podcasts:

- *Unlocking Us* hosted by Brene Brown
- *For the Love* hosted by Jen Hatmaker (she just did a few month series of listening to black and brown women with all guests of color)
- *Evolving Faith* hosted by Sara Bessey and Jeff Chu
- *Freedom Road* hosted by Lisa Sharon Harper
- *Pass the Mic* hosted by Jemar Tisby and Tyler Burns
- *Truth's Table* hosted by Christina Edmondson, Michelle Higgins, and Ekemoni Uwan
- *Nice White Parents* hosted by Chana Joffe-Walt
- *1619* hosted by Nikole Hannah-Jones
- *Seeing White* hosted by John Biewen

### Social Media Accounts:

- Ibram Kendi
- Dr. Christina Edmondson
- Nikole Hannah Jones (author of the 1619 project)
- Shane Claiborne
- Equal Justice Initiative
- Women's March