

I CAN'T WAIT TO TALK ABOUT GOD'S LOVE FOR YOU AND INTRODUCE YOU TO SOME OF THE CHILDREN GOD LOVES AROUND THE WORLD.

You have a lot in common with kids around the world! No matter where children live, they like to play with their friends, they help their parents prepare dinner, they like animals, and they all like to eat! One thing that is different about their lives, though, is that many children around the world don't have **enough** to eat.

Now, I'll bet you've been hungry before. Maybe you woke up too late to eat breakfast one day. Or maybe you forgot your lunch at home. Maybe your house ran out of groceries and dinner was just a bowl of cereal.

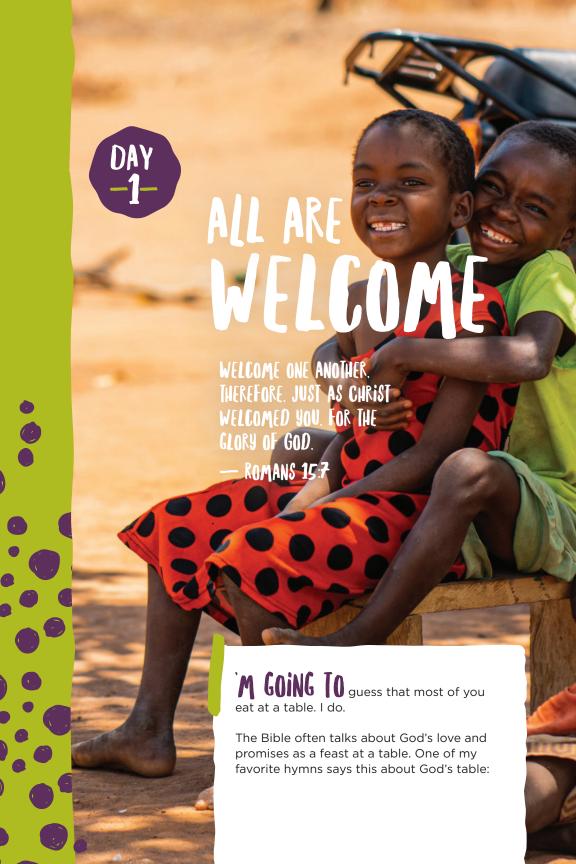
But some kids are hungry **all the time.** They don't get 3 meals a day, and they aren't always sure they will get to eat tomorrow.

That's sad, isn't it? I hope you'll read this book with other people in your home so that you can hear God's invitation to help those kids. He wants there to be enough food for every table, and you know what? He's inviting you to help that happen!

I'll meet you here every day for ten days to talk about what you can do to help kids who are hungry. There are some fun activities throughout this book so maybe take a peek now (this is your book after all!) so you can plan ahead for those.

Also, if you got a Peter Fish with this book, I'll have a little giving suggestion for you each day, so gather some coins together now if you're up for the challenge! If you don't have a Peter Fish, feel free to use a jar for your coins and decorate it with fish stickers.

See you tomorrow...



Come to the feast of heaven and earth! Come to the table of plenty! God will provide for all that you need here at the table of plenty!

I like that image. Take a minute to think about all the things you would put on a feast table.

Let me tell you something amazing about God's table: it is big enough for every kid (and adult) on the planet.

Whoa. Imagine that.

God has room for Rosemary Nyrienda at His table. Rosemary lives in Zambia. She's 6 years old and her favorite dress is red with black polka dots. Rosemary lives with her parents, her brother Leonard, and her sister Edith, and, until three years ago, she was hungry. Rosemary's parents have to grow all the food their family eats, and droughts in Zambia have made it hard to grow enough.

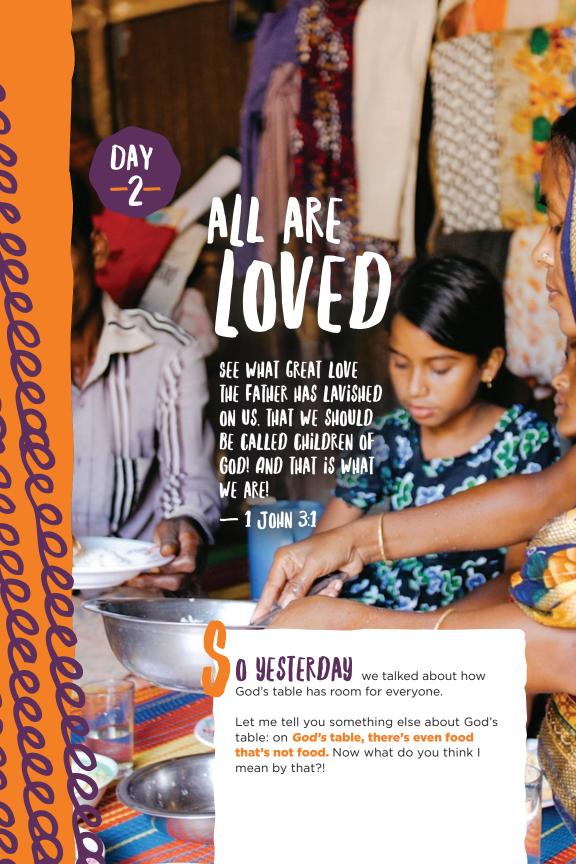
But three years ago, World Renew showed Rosemary's parents how to grow their crops in a new way that makes them stronger, even in a drought. Now Rosemary has food at every meal.

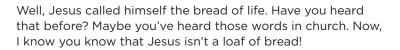
LET'S PRAY:

O GOD, YOUR LOVE IS LIKE A FEAST THAT NEVER RUNS OUT! ROSEMARY HAS A SEAT AT YOUR TABLE AND SO DO I. THANK YOU!

DO SOMETHING!

AT MEALTIME IN ZAMBIA, FAMILIES SIT ON THE GROUND AROUND A MAT. CAN YOU FIGURE OUT HOW MANY PEOPLE SIT AROUND ROSEMARY'S MAT? HOW MANY PEOPLE SIT AROUND YOUR TABLE? ADD THOSE PEOPLE UP AND PUT A COIN IN YOUR PETER FISH FOR EACH ONE.





Here's what I think Jesus meant: God wants His children to have food. We need it to stay alive! But **God also wants us to have more than food**. He wants us to be loved and cared for and safe. He wants us to grow strong and have hope. And Jesus came to bring us those things. Jesus came to bring us things we needed just as much as food, like hope, safety, and love.

Israt and Nusrat are 6 and 10 and live with their parents in Bangladesh. Their favorite thing to do is cook with their mother. They have to grow everything they eat, so if they can't grow food, they don't eat. Think about that for a minute.

World Renew has shown Israt and Nusrat's parents ways to grow their food so that they can grow more with every crop and in every season. With hard work, they now have enough to eat and some left to sell. With the money they make, Israt and Nusrat can now go to school.

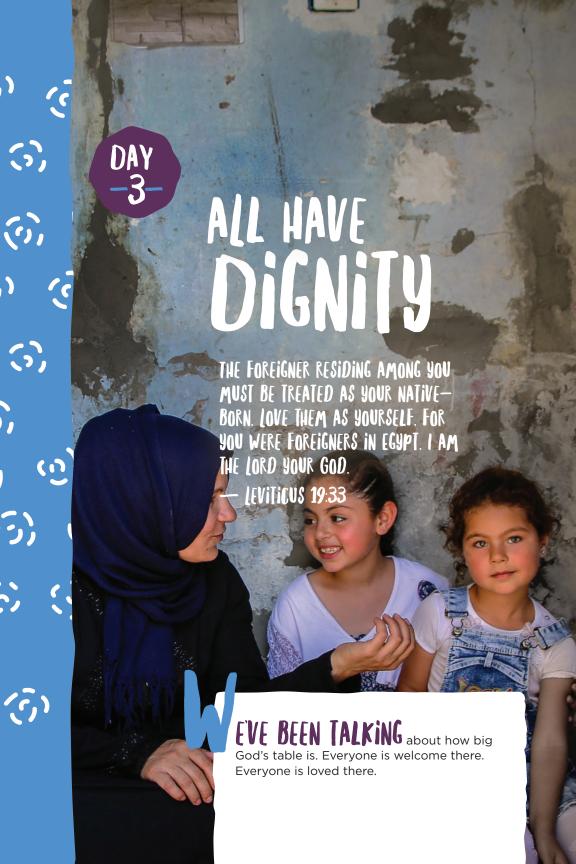
Israt and Nusrat's mom didn't get to go to school. In Bangladesh, only 1 in every 4 girls finishes school. Their mom feels so happy that she can send her daughters to school to learn. She wants them to grow strong and feel hopeful about their future because she loves them so much. God loves us all of us the same way: He brings us hope, and he wants us to have enough.

LET'S PRAY:

GOD, YOU LOVE US SO MUCH THAT YOU WANT US TO HAVE FOOD THAT WE CAN EAT, FEEL LOVED, BE SAFE, AND HAVE HOPE. YOU WANT ALL YOUR CHILDREN TO HAVE ALL THESE THINGS. WE WANT TO HELP MAKE THAT HAPPEN. AMEN.

DO SOMETHING!

IN BANGLADESH, IT IS POLITE TO EAT WITH YOUR RIGHT HAND ONLY CTRY THAT AT DINNER TONIGHT!). HOW MANY FINGERS ARE ON YOUR RIGHT HAND? PUT A COIN IN YOUR PETER FISH FOR EACH ONE.



Sometimes it is hard to feel welcome or loved, isn't it? Have you ever been left out of a game at school? Maybe you weren't invited to a party. That hurts.

Amira is five years old and lives with her mother, brother, and sister in Lebanon. It is easy for Amira to feel left out. You see, Amira's family is from Syria, where there has been a civil war for almost 10 years. They had to run away to Lebanon. Amira is safer there, but life is hard. She helps her mom with cleaning houses and doing laundry and is not allowed to go to public school there.

But Amira is a precious child of God. Even when we feel left out or worth less, God says we are His children. The book of Ephesians says we are members of His household.

World Renew and the church in Lebanon know this. We give Amira's family and lots of other families things they need like blankets, mattresses, fuel for gas stoves, and food to eat. We also help start school programs so girls like Amira can learn. And when we do this, we make God so happy. He wants everyone at His table.

LET'S PRAY:

GOD, HELP US TO REMEMBER
THAT, NO MATTER WHAT IS
HAPPENING IN OUR LIFE, WE
ALWAYS HAVE WORTH AND VALUE
BECAUSE WE ARE A PART OF
YOUR HOUSEHOLD. EVERYONE OF
US HAS A SEAT AT YOUR TABLE.
THANK YOU! AMEN.

DO SOMETHING!

AMIRA WOULD LIKE TO GO TO SCHOOL. HOW MANY DIFFERENT SUBJECTS DO YOU STUDY IN SCHOOL? COUNT THEM UP AND PUT A COIN IN YOUR PETER FISH FOR EACH ONE!



But Nakia and her mom didn't have a table. Or even a floor.

Four years ago, a hurricane flooded their town in North Carolina. Nakia says the water looked like a tidal wave. It rose so high it touched the branches of a nearby tree; it floated a refrigerator into their yard like it was a feather!

Nakia and her mom were rescued — but not their house. The flood waters left it so damaged they couldn't live there. They had no table to gather around.

But God's table is always there. And the Psalms tell us God "rules over the floodwaters." Floods may come, but God's healing is mightier.

World Renew went to Nakia's town right after the flood and stayed for four years. We helped restore Nakia's home with new floors, new walls, and a new roof — a place where they can put their table and gather for meals again.

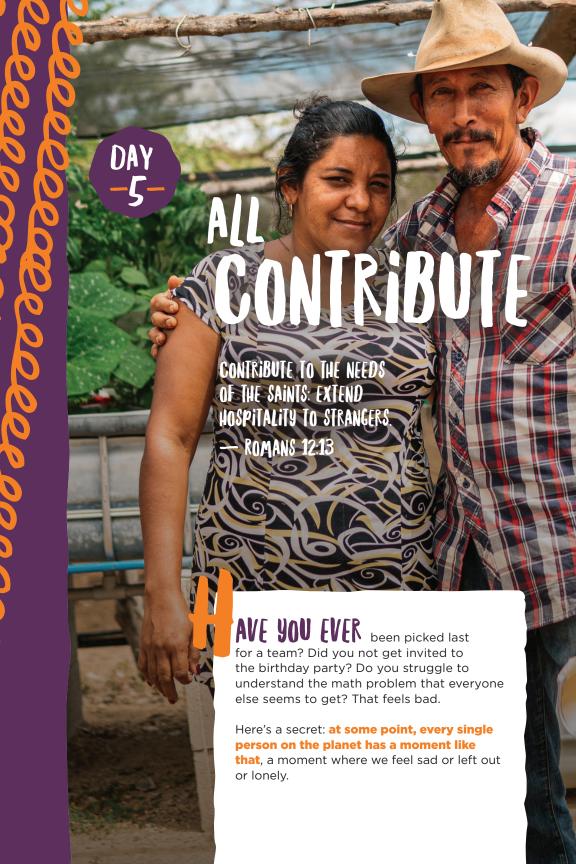
LET'S PRAY:

DEAR GOD, SOMETIMES BAD THINGS HAPPEN. BUT YOU ARE STILL THERE. YOU ARE MIGHTIER THAN BAD THINGS. YOU INVITE US TO JOIN YOU WHEN YOU MAKE THINGS BETTER. MAY WE LOOK FOR WAYS TO HELP THOSE WHO HAVE EXPERIENCED HARD TIMES. AMEN.

DO SOMETHING!

GIVE A HUG TO THE PEOPLE
YOU LOVE TODAY. AT THE END
OF THE DAY, COUNT UP THE
NUMBER OF HUGS YOU GAVE AND
PUT A COIN IN YOUR PETER FISH
FOR EVERY ONE!

Out of respect for Nakia's privacy, World Renew does not have a picture to share. However, the love Nakia shares with her mother, Renee, runs deep, and we imagine it looks something like this mother and daughter.



So it can be hard to believe that every single one of us has gifts to bring to God's table, that every single one of us can contribute.

Will Ayala wasn't so sure he believed it. Will lives with his dear wife Jenny in a village in Honduras, where all of the men and women work hard to grow their food. If they can't grow it, they can't eat. But Will has had back problems that have made him unable to farm and not working for his family made him feel worse than hungry. He felt really sad.

World Renew helped Will come up with an amazing new way to farm: raised planter beds! That meant no more bending over, which hurt Will's back. Not only that, but now Will and Jenny grow so many veggies, they can share them with other families in their village. Now Will is helping to feed village children, whose bodies and brains need those veggies to grow strong!

1 Corinthians 12 has a lot to say about caring for each other. It says that every one of us depends on each other. "If one part hurts," it says, "every other part is involved in the hurt, and in the healing. If one part flourishes, every other part enters into the exuberance. You are Christ's body—that's who you are! You must never forget this."

Never forget that when you feel left out or lonely or really sad (and we can all feel this way sometimes), God feels that with you. And when you reach out to people who seem like they are feeling left out or lonely or really sad, God REJOICES. We all have something to contribute to God's table.

LET'S PRAY:

OH GOD, WHEN WE SUFFER, YOU ARE SAD WITH US. WHEN WE HELP OTHERS WHO ARE SUFFERING, WE ARE YOUR HANDS AND FEET, PRECIOUS PARTS OF YOUR BODY, WHAT A MYSTERY! AMEN.

DO SOMETHING!

HOW MANY FRUITS AND VEGGIES
DID YOU EAT TODAY? PUT A COIN
IN YOUR BANK FOR EACH ONE.
CDID YOU NOT EAT ANY? GO EAT A
CARROT RIGHT NOWD

AT YOUR TABLE THIS WEEKEND

SET iT

Since we're talking about tables so much. why don't you take a close look at your family's table? What's it made of? Where's it from? Is there a way you could make your table more special this weekend? Could you decorate it with place cards for each person you eat a meal with? How about learning to fold napkins in a fancy way? There are lots of easy-to-follow instructions online — ask an adult to look with you!

SING IT

If you like to **sing or play an instrument**, why not try
the song we talked about
on Day 1? Ask an adult to
search "Table of Plenty
Dan Schutte" on YouTube
with you. You'll find lots of
versions of the song to help
you learn it. If you like to
perform, maybe your church
or school would let you
share this hymn with them!

MAP II

Ask an adult for permission to go to worldrenew.net/worldhunger. You'll find a map that you can print out and use as a placemat at your table. See if you can find all the countries we're talking about in this book together. Those are a few of the 30 different countries where World Renew helps make sure there is food for every table.

MAKE IT

You're going to meet kids from 8 different countries in this book. In five of those countries, cornmeal is served at almost every meal. Why not try this for one of your meals this week? Ask the people in your household if you can **do the cooking one night this week!** You'll find a recipe on the page opposite this one.



of kids around the world eat cornmeal! If you want to be traditional, just make it with water and salt and — here's the fun part — roll it into balls before you serve it!

Make sure to ask permission before you use the stove, okay?

INGREDIENTS

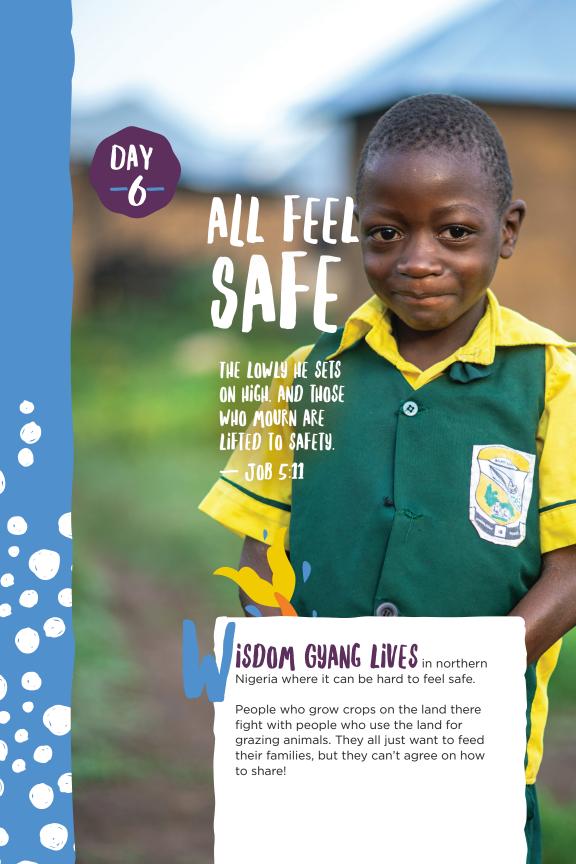
- 1 cup finely ground cornmeal
- 2 cups water
- 1/2 tsp. salt

INSTRUCTIONS

- Put the water and salt in a heavy, medium-sized saucepan and bring to a boil.
- Now slowly and carefully pour in the cornmeal, stirring and smashing away lumps with your spoon.
- Lower heat to low, cover, and cook for about 8 more minutes, until very thick and pulling away from the sides of the pot.

That's it! You've made it! Now let it cool before washing your hands and trying to roll it into balls.

If you serve this with some vegetables and meat, you can probably have enough for dinner for 4. If you want to eat it the way they eat it in the southern United States, don't roll it into balls. Serve it in a bowl with some butter and shredded cheese and eat it with a spoon. Yum!



Wisdom's family was forced off their land by other people who wanted it for themselves. This made Wisdom sad. Does it make you sad?

When we take from one another, it makes God sad too. But here's an amazing thing: you and I can help God make Wisdom safe and, when we do, we will feel more satisfied than if we had just eaten the finest meal! It's true! Jesus says that when we help others find their place at God's table, we will be satisfied.

World Renew knows that. They are helping the farmers and the herders in Nigeria figure out a way to share the land, because when everyone there has enough to eat, they stop fighting and feel safer. World Renew helped Wisdom's mom, Nvou, and other moms start a savings group together and they've helped her start a bananaselling business. Nvou earns enough to feed Wisdom and send him to school, where Wisdom feels safe.

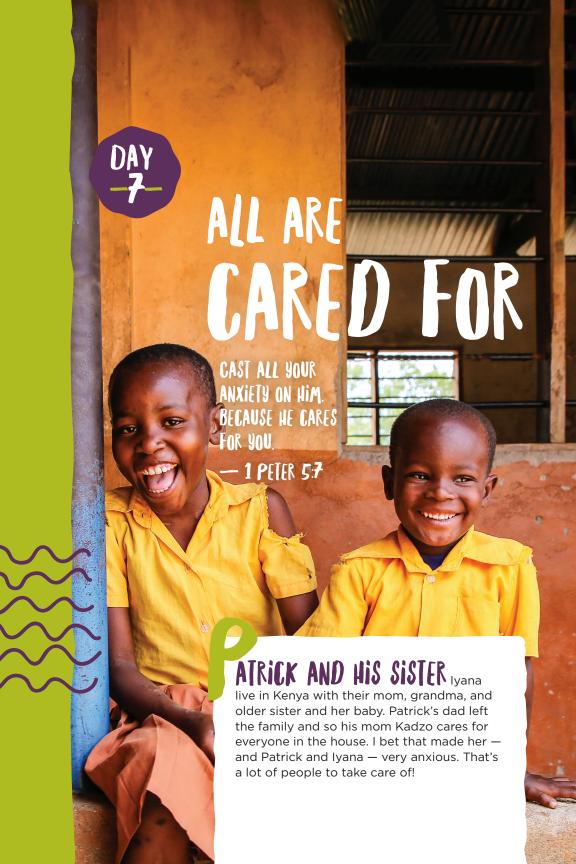
World Renew loves doing this work. It makes us happy. It makes us happy because it makes God happy. Try it! You'll see...

LET'S PRAY:

O GOD, YOUR TABLE OF PLENTY IS FOR EVERYONE. INSTEAD OF BEING SAD, WE WANT TO BE SATISFIED. WE WANT TO HELP OTHERS, LIKE WISDOM, FIND THEIR SAFE PLACE AT YOUR TABLE. AMEN.

DO SOMETHING!

IN NIGERIA, TEA IS ALWAYS
SERVED IN 3 ROUNDS, EACH
ONE SWEETER THAN THE LAST.
THIS IS MEANT TO MIRROR HOW
FRIENDSHIP GETS SWEETER OVER
TIME - ISN'T THAT NICE? COUNT
UP HOW MANY COFFEE OR TEA
CUPS YOU HAVE IN YOUR KITCHEN
AND PUT A COIN IN YOUR PETER
FISH FOR EACH ONE.



Lots of parents need help taking care of their families. Maybe you have a grandparent that watches you after school. Maybe you have a neighbor who drives you to school. Maybe you lend a helping hand by doing the dishes or your laundry!

Patrick's mom is a strong person and can do a lot. World Renew reminded her of that and supported her while she figured out a way to care for all the people at her table.

We showed Patrick's mom ways to farm more (and better) food and now she grows maize, beans, tomatoes, okra, and kale! We helped her and other moms start a bank together, which helps her save money for things like Patrick and Iyana's school uniforms.

She has even saved money to buy a few goats and chickens. Patrick likes to milk the goats and is very good at finding eggs that the chickens hide nearby.

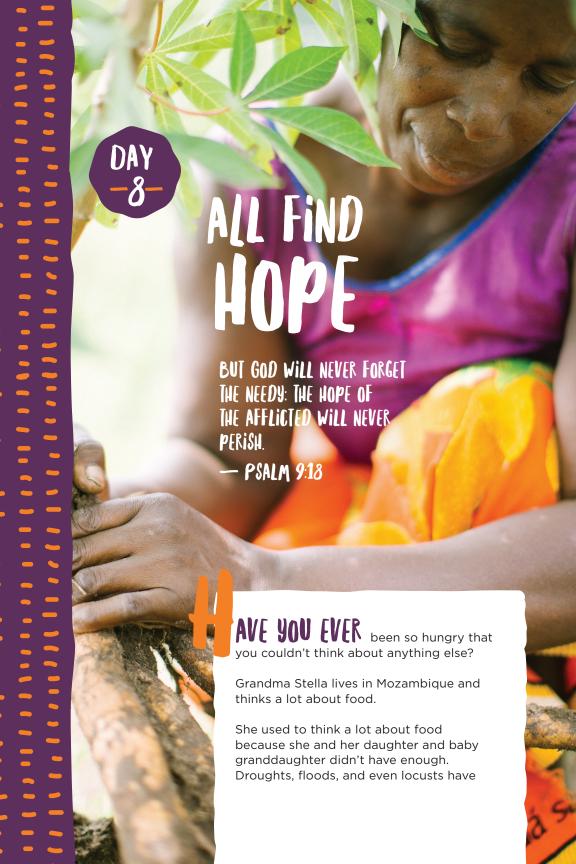
When Patrick's family welcomes people to their table, they say chakula tayari, which is Swahili for "dinner is ready!" or "come to the table!" God says chakula tayari to every one of us. He doesn't want us to be anxious, but trust that our place at his table is secure.

LET'S PRAY:

O CARING GOD, YOUR TABLE IS FOR EVERYONE. IT IS NOT ENOUGH TO TELL OTHERS ABOUT THEIR PLACE AT IT: WE MUST MAKE ROOM SO OTHER PEOPLE CAN TAKE THEIR PLACE AT YOUR ONE BIG TABLE. AMEN.

DO SOMETHING!

PATRICK'S FAMILY HAS 3 GOATS
AND 7 CHICKENS. PUT A COIN
IN YOUR PETER FISH FOR EACH
ANIMAL IN PATRICK'S FAMILY
- OR COUNT UP HOW MANY
ANIMALS ARE IN YOUR FAMILY
AND PUT IN THAT MANY COINS
INSTEAD!



wrecked crop after crop in Mozambique, and more people there are hungry than not. Grandma Stella was hungry all the time. She didn't have a lot of hope.

God wants us all to have more than just food. He wants us to have love and welcome, grow strong and have hope. He wants everyone to have those things. Remember: his table is a table of plenty!

But God made humans bodies and human bodies need food. So World Renew tries to help bring food to every table so that people around the world can think not just about food, but about the amazing promises of God — and the joy of sharing them with others.

World Renew introduced Stella to a healthier, more productive variety of crop that grows with less water. They showed her special ways to farm. Now she and her daughter, and her grandbaby have more to eat and now Stella can think about teaching other women in her village about farming. This makes her as happy as having food to eat!

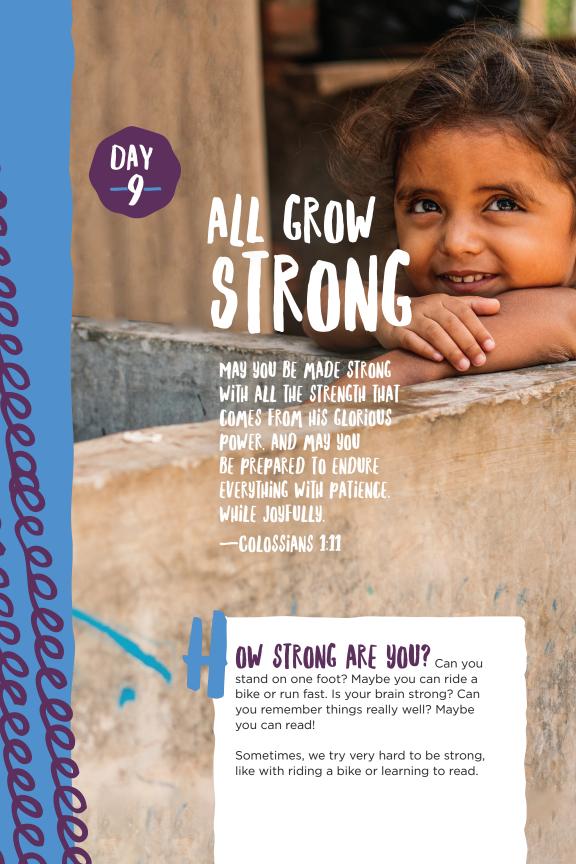
When you and I help put food on other people's tables, they will be less hungry. They will also feel welcome and loved, strong and hopeful. And THAT is just how God planned it!

LET'S PRAY:

O GOD, YOU MADE OUR BODIES AND YOU MADE THEM SO THEY NEED FOOD. YOU ALSO MADE US TO SERVE YOU AND TO SERVE OTHERS. LET US REMEMBER THAT YOU PROVIDE FOR ALL THAT WE NEED AT YOUR TABLE OF PLENTY! AMEN.

DO SOMETHING!

HOW MANY DIFFERENT KINDS OF FOOD DID YOU EAT TODAY? TRY TO COUNT THEM UP AND THEN PUT THAT MANY COINS IN YOUR PETER FISH.



But did you know that your body and your brain are busy getting strong *all the time*, even when you're sleeping? Getting strong is what your body and brain wants to do, and sleep and good food help make that happen.

Susan and her siblings Manual and Alejandra are all kids like you, whose bodies and brains want to be strong. They live in Honduras with their mom Marie, their great-grandma Reina, and their grandma, Abuela Maira.

That's a lot of people around one table. Sometimes Manuel, Alejandra, and Susan haven't had enough nutritious food for their bodies and brains to grow strong. But World Renew has introduced Abuela Maira to aquaponics, which is a really cool system where she can raise fish and plants in a series of troughs and they help each other grow!

Now Abuela Maira raises tilapia and shrimp and grows healthy vegetables all in the same system, and Manuel, Alejandra, and Susan help her catch, prepare, and cook healthy meals. **Now they sit at a table of regular plenty.**

Abuela Maira wants all the children in her village to grow strong and has been helping World Renew show other families how to start their own aquaponics systems so they can have a table of plenty too where their children can grow strong. Abuela Maira is a strong lady. When God offered her the chance to feed her grandchildren good food, she said "I can do all this because God made me strong!" God made you strong to help others too.

LET'S PRAY:

O GOD, WE CAN GLORIFY YOU WHEN WE ARE WEAK AND WHEN WE ARE STRONG, WHEN YOU GIVE US STRENGTH, LET US SHARE IT WITH OTHERS! AMEN.

DO SOMETHING!

HOW MANY SECONDS CAN YOU STAND ON ONE FOOT? PUT A COIN INTO YOUR PETER FISH FOR EVERY SECOND YOU STAY STANDING!



Do you remember meeting Rosemary Nyrienda on Day 1? She's the little girl in the polka dot dress who lives in Zambia. World Renew came alongside her parents as they figured out ways to put food on their table.

Rosemary feels welcomed at God's table because people like you and me give to World Renew's work. And when you help make room for people at God's table — when you help them put food on their table — Jesus tells us that it's like we are doing it for him. That's Jesus talking to us in today's Bible verse.

On the other side of Zambia, lives a baby named Mundei. There have been so many droughts where Mundei lives that all the crops have died and people are very, very hungry. Mundei's mom Imsee has an empty table, and she wonders if Mundei will ever have enough to eat.

God is inviting you and me to make sure Mundei enjoys her seat at God's table.

World Renew is in Mundei's village right now. They are delivering emergency food and helping people there learn ways of farming that work better even when there is less water. You can help Mundei and her mom Imsee have food, just like Rosemary has food now. When you care about Mundei, you spread the love of Jesus.

LET'S PRAY:

DEAREST GOD OF EVERY TABLE, YOUR POWER IS AT WORK IN US. WHEN WE HELP OTHERS, WE ARE JOINING YOU, GOD, WHO CAN DO MORE THAN WE COULD EVER ASK OR IMAGINE. AMEN.

DO SOMETHING!

IMSEE AND MUNDEI'S VILLAGE
DOESN'T HAVE ENOUGH WATER.
CAN YOU COUNT ALL THE PLACES
IN YOUR HOUSE WHERE WATER
COMES IN? PUT A COIN IN YOUR
PETER FISH FOR EVERY ONE.



DIG INTO IT!

Are you curious about other tables around the world? A

photographer named Peter Menzel was too and so he traveled all over the world taking photographs of families and their tables and all the food they eat. Ask an adult for permission to go online and check it out at menzelphoto.com/galleries/ hungry-planet

TALK ABOUT it!

Here's a game to play with the people at your table. Write down each of the "ALL" messages from this book (All are welcome, All are loved, All have dignity, All can heal, All contribute, All feel safe, All are cared for, All find hope, and All grow strong) on slips of paper and put them in a jar. Have each person at your next meal pick one and say how they have seen God make that true in their life or the life of someone they know.





MEMORIZE IT!

Jesus said, "Man shall not live on bread alone, but on every word that comes from the mouth of God." Another way to say that is "It takes more than bread to stay alive. It takes a steady stream of words from God's mouth." Each of our ten days together has had a scripture verse. Read each of those short verses over again and decide which one you want to memorize. Then do it and share it with the people at your table!

LIVE IT!

Your Peter Fish must be full by now! Every coin you put in will bring food to the table of a kid like Rosemary. Like Israt and Nusrat. Like Amira. Like Nakia. Like Wisdom. Like Patrick and Iyana. Like Grandma Stella's grandbaby and Baby Mundei. REALLY. Make sure to bring your fish to church on Sunday. Maybe your family would like to give \$1 every day to a family like Rosemary's. World Renew could use that to put food on tables! Check out the back of this booklet for details.



NE IN EIGHT PEOPLE ON OUR PLANET DON'T HAVE ENOUGH TO EAT TODAY.

They may not have anything to eat tomorrow. Their tables are empty.

Health and human potential starve because people don't have regular access to enough healthy food. As fellow beloveds of Jesus, **we know the story has to change**.

Complicated factors contribute to food insecurity and scarcity for families around the world, all made worse by the outbreak of COVID-19 over the last year. **World Renew understands those factors and knows how to address them.** We are committed to helping those we serve have food for today and for tomorrow.

We help families learn to grow their food sustainably, save their resources to face future crises, and provide emergency response when violence or disaster rob them of food and table altogether. **Your gifts make this work possible.**

You can provide more food — for today and for the future — by joining our FREE A FAMILY program. Your monthly donation for just \$27 a month — less than \$1 a day — will accelerate recovery from the effects of COVID-19 and shares the love of Jesus with EVERY TABLE



WORLD RENEW-US 1700 28th Street SE, Grand Rapids, MI 49508-1407 1-800-552-7972

worldrenew.net

WORLD RENEW-CANADA 3475 Mainway, PO Box 5070 STN LCD 1, Burlington, ON, L7R 3Y8 1-800-730-3490

worldrenew.ca